

# FEATURED USERS

**Home Use  
Retirement Communities  
Rehab Centers  
Physical Therapy Clinics  
Hospitals  
Fitness Centers  
VA Hospitals.  
AND MANY MORE...**

Helps With:

Arthritis

Fibromyalgia

Joint Pain

Osteoporosis

Parkinson's

Peripheral Neuropathy

Rheumatoid Arthritis

...and many more

VibePlate is the foremost leader in innovation, development, and use of whole body vibration products.

A major part of the process and success of the VibePlate products is due to implementing the correct and natural form of whole body vibration.

To see all VibePlate products, please visit [www.vibeplate.com](http://www.vibeplate.com).



To order, please contact  
866.858.9481 or visit  
[www.vibeplate.com](http://www.vibeplate.com)

**MADE  
IN THE USA**

The VibePlate logo, featuring a stylized blue 'V' icon followed by the word 'VIBEPLATE' in a bold, sans-serif font.



IMPROVE QUALITY OF LIFE

[www.vibeplate.com](http://www.vibeplate.com)



Whole Body Vibration (WBV) exercise using the VibePlate can help even frailer senior citizens improve their range of motion, muscle strength and coordination. In fact, VibePlate's Whole Body Vibration exercise machine is great for seniors who have trouble performing aerobic exercises due to age-related conditions.

VibePlate Makes Exercising Easy. There is an easy answer to exercising your entire body. The answer is vibration exercise with VibePlate. You can activate nearly all of your muscles at once by simply doing nothing. Whole Body Vibration exercises nearly your entire body by just sitting, standing or doing exercises on the VibePlate. This allows you to activate as many muscles as you can in a short amount of time.



**reduces strain** on tendons  
promotes joint **mobility**  
increases bone density  
**strengthens** bone tissue  
lymph drainage  
increases **range of motion**  
flexibility  
**fat reduction**  
toning up  
muscle strength  
increases balance, stability & mobility  
**energizes**  
pain & soreness reduction  
decreases wheezing and sinus issues